

SPA

HEAD SPA DETOX

(mín. 2 p.) 50+15 min 69/ p.p

- Hair diagnosis
- Exfoliation
- Gentle hydrotherapy and hydrolyzed steam mist
- Therapy with specific lotion
- Blow-dry (IF YOU WANT BRUSHING = BOOK SEPARATELY)
- Complimentary drink

A deep renewal for people with sensitive, oily, dry, itchy scalps, or hair loss. All treatments are 100% personalized and performed with hypoallergenic and vegan products. Your scalp will breathe again, and your hair will shine.

HEAD SPA SILVER

(mín. 2 p.) 45+15 min 69/ p.p

- Hair diagnosis
- Relaxing head-to-bust massage
- Express facial
- Head spa waterfall
- Blow-dry (IF YOU WANT BRUSHING = BOOK SEPARATELY)
- Complimentary drink

An ideal option for those short on time who need a short but effective break. Includes a head massage and express facial

HEAD SPA GOLD

(mín. 2 p.) 60+15 min 89/ p.p

- Hair diagnosis
- Relaxing head-to-bust massage
- Revitalizing facial
- Head spa jets
- Steam mask
- Arm massage
- Blow-dry (IF YOU WANT A BRUSH, PLEASE BOOK SEPARATELY)
- Complimentary drink

This treatment is ideal for those looking for a moment of relaxation combined with beauty pampering. It includes a head massage and a relaxing facial treatment.

HEAD SPA PLATINUM

(mín. 2 p.) 70+15 min 99,95/ p.p

- Hair diagnosis
- Relaxing head-to-bust massage
- Foot massage
- Relaxing facial treatment
- Head spa waterfall
- Mask with steam
- Arm massage
- Foot massage
- Blow-dry (IF YOU WANT BRUSHING = BOOK SEPARATELY)
- Complimentary drink

An ideal gift option. This is a highly appreciated treatment for those seeking total relaxation. It includes a head, arm, and foot massage and a relaxing facial treatment.

HEAD SPA ROMANTIC SUITE FOR TWO PEOPLE

(mín. 2 p.) 70+50+15 min 215/ 2p.

- Hair diagnosis
- Relaxing cranial massage
- Head spa waterfall
- Mask with steam
- Body massage
- Private jacuzzi for 2
- Private infrared sauna for 2
- Champagne and snacks
- Blow-dry (IF YOU WANT BRUSHING = BOOK SEPARATELY)

This treatment is ideal for those seeking a transformative experience and want it all: rest, beauty, and inner balance.

PRIVATE ROMANTIC SPA

(mín. 2 p. - máx. 4 p.) 90 min 37,50/ p.p

Sauna, jacuzzi, shower, bathrobe, towels.

Incl.: juice and snacks.

(possibility to combine with a massage of 30 or 60 min)

RELAXING MASSAGE

1 h 50/ p.p

Helps to reduce back and headache pain. Helps to decontract the muscles and relieve the tension that accumulates in them. It helps us to release the pain that accumulates in the back and headaches due to tension causes.

Lowers our stress levels. It favors a state of deep tranquility, since it reduces the levels of the hormone "cortisol", which is secreted in large quantities in stressful situations. Therefore, stops fatigue and anguish. Lowers blood pressure and improves circulation.

DOUBLE PLEASURE

45 min 65/ p.p

Relaxing massage with 4 hands on body. The Relaxing 4 Hands Massage is the "massage of all massages".

At the same time and during the session, two therapists will put their two hands at your service each in order to offer you one of the most relaxing therapies you can imagine.

You will simultaneously receive massages in different parts of your body (legs, back, neck, arms, face and head) using essential oils.

Profits: It will help you release muscle tension and unblock energy lines. It will help you improve the drainage of fluids (lymph and blood) and optimize the functioning of the organs.

You will feel the balancing-relaxing effect that the therapeutic contact of two masseurs has on your body.

VOLCANIC MASSAGE

45 min 55/ p.p

Hot stone massage.

Reduction and relief of pain through the direct action exerted on the pressure points (or chakras) which are responsible for transmitting the sensation of pain to the nerve receptors and make us aware of it.

Elimination of toxins from the skin through sweating, which occurs due to the high temperature of the stones (about 50 C).

Improvement of the circulatory system, thanks to the difference in temperature of the stones, which ranges from 8 C to 50 C, and the action of the massage; the combination of both factors makes our blood circulation activate.

FOOT REFLEXOLOGY

45 min 35/ p.p

Foot reflexology is a complement to traditional medicine that provides a series of benefits in the recovery of the body:

Relaxing effect: The pressure and massage techniques on which it is based reduce stress and produce physical and mental relaxation.

Reduces pain: According to a study by the University of Portsmouth, reflexology has analgesic effects that reduce pain by 40%. In fact, this therapeutic technique is used

to relieve back pain, constipation, gastritis or menstrual pain.

Facilitates circulation: Body waste tends to accumulate on the feet, so stimulating this area facilitates its elimination, improves circulation and favors the functioning of the organs of our body.

Improves the immune system: Foot reflexology treatments, applied to the areas of the foot that reflect the lymphatic system, increase the production of antibodies and prevent the appearance of diseases.

MYTHS OF REFLEXOLOGY

One of the most widespread false beliefs in foot reflexology is that it cures diseases.

Reflexology techniques can complement medical treatments and improve the conditions of the body in recovery, but they are not a cure in and of themselves.

AYURVEDIC MASSAGE

The massage with herbal bags and hot oil comes from Ayurvedic medicine, the ancient Hindu medicine, and its main purpose is to relax the body and mind. The technique is closely related to phytotherapy, commonly known as alternative or natural therapy.

Among the main effects are the following:

- Relief of aches and pains.
- Detoxification of the skin and the organism.
- Relaxation of body and mind.
- Absorption of the properties of the plants used in the herbal bag.

90 min 75

Pack 6 sesiones 375

RELAXING BODY MASSAGE

30 min 27,50

RELAXING BODY MASSAGE COMPLETE

1 h 50

RELAXING MASSAGE

90 min 65

EXFOLIATION PACK

90 min 80

Body wrap and massage pack.